

Recording Sheet

Name: _____

Type of jump	Estimate 1	Estimate 2	Estimate 3
Two feet together			
One-foot leap from standing			
One-foot leap with a run-up			

Type of jump	Jump 1	Jump 2	Jump 3
Two feet together			
One-foot leap from standing			
One-foot leap with a run-up			

My longest jumps:

Two feet together _____

One-foot leap from standing _____

One-foot leap with a run-up _____